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# eSmartQuiz – Online MCQ Test

After attending the class, students should go through the “eSmartQuiz – Online MCQ test” for the following reasons:

- **Reinforcement of Learning:** The “eSmartQuiz – Online MCQ test” provide an opportunity to reinforce learning after attending a class or reading a book. It helps to assess understanding and retention of concepts, to solidify knowledge and identify areas that need further revision or clarification.
- **Assessment of Comprehension:** The “eSmartQuiz – Online MCQ test” is an effective tool to assess comprehension of the subject matter and to demonstrate the ability to apply the concepts learned in the class.
- **Enhancement of Attention and Critical Thinking:** The “eSmartQuiz – Online MCQ test” will help to make students attentive for the class and to enhance critical thinking skills by selecting the most appropriate answer among the given options.

Each eSmartQuiz test consists of 10 MCQs, mostly image-based, and the students can see their scores at the end of each test. These questions will be modified after a certain interval. Use the given links or scan the QR code (given in each chapter) for the test. One student can solve each test only one time.

Chapter	Links eSmartQuiz
<b>Upper Limb</b>	
1. Introduction	<a href="https://forms.gle/cbNoHpx1AZ1Cci3WA">https://forms.gle/cbNoHpx1AZ1Cci3WA</a>
2. Bones	<a href="https://forms.gle/BNwB1uVpZ3QkKH3LA">https://forms.gle/BNwB1uVpZ3QkKH3LA</a>
3. Pectoral Region	<a href="https://forms.gle/2uvWyFGqwH58Aqgc9">https://forms.gle/2uvWyFGqwH58Aqgc9</a>
4. Axilla	<a href="https://forms.gle/tn4WgHoLYpHZMkGp9">https://forms.gle/tn4WgHoLYpHZMkGp9</a>
5. Back	<a href="https://forms.gle/eV9AjxwFU8bvDVRp6">https://forms.gle/eV9AjxwFU8bvDVRp6</a>
6. Scapular Region	<a href="https://forms.gle/LHZ9MCB8r8pwJjfM6">https://forms.gle/LHZ9MCB8r8pwJjfM6</a>
7. Cutaneous Nerves, Superficial Veins and Lymphatic Drainage	<a href="https://forms.gle/nvVW9dhwfkLpNmHA8">https://forms.gle/nvVW9dhwfkLpNmHA8</a>
8. Arm	<a href="https://forms.gle/q9G441mXn6e7D5YA9">https://forms.gle/q9G441mXn6e7D5YA9</a>
9. Forearm and Hand	<a href="https://forms.gle/TD47GgMsajUsaKbP7">https://forms.gle/TD47GgMsajUsaKbP7</a>
10. Joints of Upper Limb	<a href="https://forms.gle/Uz58AQZEBov8jC2V6">https://forms.gle/Uz58AQZEBov8jC2V6</a>
11. Surface Marking and Radiological Anatomy of Upper Limb	<a href="https://forms.gle/pFqy9AdXNZU9WnJa6">https://forms.gle/pFqy9AdXNZU9WnJa6</a>
<b>Thorax</b>	
12. Introduction	<a href="https://forms.gle/JmnZB66BgAFrQGgz5">https://forms.gle/JmnZB66BgAFrQGgz5</a>
13. Bones and Joints of Thorax	<a href="https://forms.gle/dsP6Ps5dw7sk3xYw5">https://forms.gle/dsP6Ps5dw7sk3xYw5</a>
14. Walls of Thorax	<a href="https://forms.gle/YZUu7n85AzWVqKEt6">https://forms.gle/YZUu7n85AzWVqKEt6</a>
15. Thoracic Cavity and Pleurae	<a href="https://forms.gle/uqdyCGyqE765sxFK6">https://forms.gle/uqdyCGyqE765sxFK6</a>
16. Lungs	<a href="https://forms.gle/n7zigPn8smjNhTbD7">https://forms.gle/n7zigPn8smjNhTbD7</a>
17. Mediastinum	<a href="https://forms.gle/RbeqSJktANvFu6ay9">https://forms.gle/RbeqSJktANvFu6ay9</a>
18. Pericardium and Heart	<a href="https://forms.gle/qys5zAdbSMTnNNSs8">https://forms.gle/qys5zAdbSMTnNNSs8</a>
19. Superior Vena Cava, Aorta and Pulmonary Trunk	<a href="https://forms.gle/ZDEkSQRMbM2H7mPf8">https://forms.gle/ZDEkSQRMbM2H7mPf8</a>
20. Trachea, Oesophagus and Thoracic Duct	<a href="https://forms.gle/CYwJap1ASNUaQpkQ9">https://forms.gle/CYwJap1ASNUaQpkQ9</a>
21. Surface Marking and Radiological Anatomy of Thorax	<a href="https://forms.gle/PmCLumZeQdWXiPWx5">https://forms.gle/PmCLumZeQdWXiPWx5</a>

# Index of Competencies

As per the latest NMC Guidelines | Competency Based Medical Education (CBME)  
Curriculum under Graduate Medical Education Regulation

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